



Terms and Conditions

I. ORGANIZER

The Organizer of the Marathon and the Street Relay Race over the marathon distance called SUWALSKI EKSPRES (hereinafter also referred to as the "Marathon") and of accompanying events („RODZINNY EKSPRES" and „SUWAŁKI MARSZ!") is the **Centre for Sports and Recreation in Suwałki, ul. Wojska Polskiego 2, 16-400 Suwałki, www.osir.suwalki.pl; e-mail: sekretariat@osir.suwalki.pl; Tel: +48 87 566 32 82, fax 87 563 18 56** (hereinafter also referred to as "Organizer") acting in co-operation with District School Sports Association in Suwałki and the Commune of Suwałki.

Personal data collected as part of the organizational tasks associated with the Marathon and accompanying events, pursuant to the Personal Data Protection Act of 29 August 1997 (Journal of Laws 2002, No. 101, item 926, as amended) are administered by the Centre for Sports and Recreation in Suwałki, ul. Wojska Polskiego 2, 16-400 Suwałki.

Disclosure of personal data is voluntary, albeit necessary to take part in the Marathon and accompanying events as stipulated in the event's Terms and Conditions. Individuals who chose to disclose their personal data have the right to access the said data and amend them, as well as withdraw their agreement for processing of their personal data at any time. Organizer may process personal data for the needs of organizing the Marathon, including actions conducted in cooperation with other entities, to an extent that will ensure satisfactory organisation of the event.

II. GENERAL INFORMATION:

1. **Project objectives:**

„SUWALSKI EKSPRES MARATON" is a sports project designed for person interested in active recreation and competitive sports with the following objectives:

- popularization and promotion of running as the simplest form of physical activity;
- integration of sports community
- promotion of the City and the Commune of Suwałki

2. Competition programme:

„SUWALSKI EKSPRES MARATON”:

- a) individual Marathon Race - 42.195 km
- b) Street Relay Race over the marathon distance (teams of six runners) - 5 km, 10 km, 5 km, 10 km, 5 km, and 7.195 km

Accompanying events (with separate rules)

- a) **"RODZINNY EKSPRES"** - a family race over the distance of 0.6 km.
- b) **"SUWAŁKI MARSZ"** – Nordic walking over the distance of about 2 km.

3. PLACE AND TIME

The Marathon and the Street Relay Races over the marathon distance will be held on **30 August 2015** in the area of the City and Commune of Suwałki.

The **START** of the Marathon and the Street Relay Races - **Maria Konopnicka Square - at 9:30 hrs**

Race Course:

(START): Maria Konopnicka Square, Noniewiczza, Waryńskiego, 1-ego Maja, Sejneńska, Noniewiczza, Narutowicza, Reja, Franciszkańska, Szpitalna, Krzywólka, Biała Woda, Potasznia, Stary Bród, Krzywólka, Szpitalna, Franciszkańska, Reja, Kościuszki, Waryńskiego, 1-ego Maja, Sejneńska, Noniewiczza, Waryńskiego, Mickiewiczza, Zarzecze, 24 sierpnia, Grunwaldzka, Zastawie, Buczka, Wychodne (return), Buczka, Zastawie, Grunwaldzka, 24 sierpnia, Zarzecze, Mickiewiczza, Kościuszki, Dwernickiego, Noniewiczza, Maria Konopnicka Square **(FINISH)**.

The map and the plan of the Course of the Marathon and Street Relay Race will be available at the Organizer's website: www.osir.suwalki.pl and at www.domtel-sport.pl (internet-based system of registration for running events) at the latest 40 days prior to the planned event.

III. PARTICIPATION

1. The races are an open event. In order to take part in the Marathon, entrants have to be at least 18 years of age as of 30 August 2015. In the case of the team relay race, Organizer may admit participation of runners who are at least 16 years of age on 30 August 2015, basing on the permission obtained by their parent or legal guardians submitted to the Competition Office.
2. In order to take part in the Marathon, an entrant shall:
 - a) fill in the application form at www.domtel-sport.pl (internet-based system of registration for running events active from 27 August 2015) or at the Competition Office from 28-30 August 2015 in Suwałki at ul. T Noniewiczza 71 A (on the day of the event applications will be accepted until 8:30)
 - b) pay the entry fee mentioned at point IV of these Terms and Conditions,
 - c) submit a written declaration of abiding by these Terms and Conditions as well as observing the regulations of PZLA (Polish Athletics Association),

- d) submit an appropriate declaration or medical certificate stating lack of contraindications to participate in the Marathon or Street Relay Race.
 - e) submit to the Competition Office a disclaimer confirming that they are happy for their names and any footage or photographs taken during their participation to be used free of charge. The Participant shall grant the Administrator and Organizer a non-exclusive, territorially unlimited, 3-year licence to use his/her recorded likeness in all markets and media.
 - f) take part in the verification process at the Competition Office (at the start of the race, i.e. at ul. T. Noniewiczza 71A) from 28-30 August 2015 (30 August 2015 before 8:30) in accordance with the provisions of these Terms and Conditions.
3. The Organizer reserves the right to change the date and/or location of the Marathon, but in such cases Entrants will be notified about the change via the Organizer's website (www.osir.suwalki.pl) and at www.domtel-sport.pl (internet-based system of registration for running events) no later than 24 hours before the start of the Marathon. Any such changes do not incur any liability on the part of the Organizer to Entrants.

IV. APPLICATIONS:

1. Applications shall be submitted by **27 August 2015** via the application form available on the website or from **28-30 August 2015** at the Competition Office, ul. T. Noniewiczza 71A, Suwałki.
2. The Organizer sets the limit of 300 entrants (for Marathon) and 50 Relay teams (6 person each). The applications for participation in the Marathon shall be processed in the order the applications and entry fees are received.
3. Marathon entry fee shall be: **PLN 45.00 before 27 August 2015** and **PLN 75.00 from 28-30 August 2015**.
Relay Race entry fee shall be: **PLN 140 before 27.08.2015** and **PLN 180 from 24-29 August 2015**.
4. The entry fee should be paid during the electronic registration at www.domtel-sport.pl (internet-based system of registration for running events) via **DOTPAY** system by **27.08.2015** or at the cash desk of the **Competition Office from 28-30 August 2015**.
5. The following persons shall be exempt from entry fees, provided they register by **29 August 2015**:
 - a) persons aged 70+ (for individual race)
 - b) persons exempt from the fee for the race pack with the decision of the Organising Committee.
6. The Organizer shall verify the right of free entry in the Marathon during the collection of the race pack by Entrants at the Competition Office. If an entrant does not meet the criteria outlined at point 4 above, the entry fee of **PLN 150.00** shall apply.
7. The application procedure shall be completed upon registration at www.domtel-sport.pl or at the Competition Office and transfer of the fee for the race pack to the Organizer's bank account. The date of fee payment is understood as the date and time of the money transfer to the Organizer's bank account or receipt of cash payment at the Competition Office.
8. The entry fees are non-refundable except in cases where the Marathon is cancelled due to reasons attributable to the Organizer, or when the fee was paid after the deadline or the Entrants' limit mentioned at point 3 was reached.
9. In the case of payment methods that involve payment of a commission towards a bank or other intermediary agency, the total fee paid must include the said commission. If the fee is not paid, the Entrant may not register for the event.

V. VERIFICATION

1. Verification will take place at the Competition Office (ul. T. Noniewiczza 71A) on the following dates:
 - a) 28 August 2015 – 9:00 - 15:00
 - b) 29 August 2015 – 10:00 - 18:00
 - c) 30 August 2015 – 06:30 - 08:30
2. During verification, each entrant must produce a valid identity document with a photograph.
3. Verification includes:
 - a) confirmation of the data contained in the application form and fee payment;
 - b) submitting a written declaration of abiding by these Terms and Conditions as well as observing the regulations of PZLA (Polish Athletics Association),
 - c) submitting an appropriate declaration or medical certificate stating lack of contraindications to participate in the Marathon or Street Relay Race over the marathon distance.
 - d) submitting to the Competition Office a disclaimer confirming that they are happy for their names and any footage or photographs taken during their participation to be used free of charge. Entrants shall grant the Administrator and Organizer a non-exclusive, territorially unlimited, 3-year licence to use his/her recorded likeness in all markets and media.
4. During the verification, entrants shall receive race packs, including:
 - a) race bib and fasteners;
 - b) chip;
 - c) bag for their deposited belongings;
 - d) souvenir tee shirt (size should be given at registration)
 - e) voucher entitling to receive a regenerative meal at the finish;
 - f) water/soft drinks;
 - g) souvenir medal (for all contestants finishing the race);
5. Race packs must be collected by Marathon Entrants in person.
6. Race packs cannot be mailed to Entrants. Race packs may only be claimed in accordance with the provisions of these Terms and Conditions.

VI. COMPETITION PROCEDURE

1. „SUWALSKI EKSPRES MARATON” includes:
 - a) individual Marathon race - 42.195 km
 - b) Street Relay Race over the marathon distance (teams of six runners) - 5 km, 10 km, 5 km, 10 km, 5 km, and 7.195 km
2. Kilometre marks as well as the changeover zones marks (in the relay race) will be placed along the course of the race.
3. Each Entrant is obliged to fasten their number-bibs to the front of his/her vest/t-shirt. The numbers must not be bent, cropped or obscured. Passing the race number to another person will result in disqualification of the entrant.
4. Entrants will be positioned at the START in three zones in the following order:
 - a) Zone "A", directly at the START line - the group of entrants (ELITE) who over the last 3 years completed the marathon in 2h:40m:00s or better, and in the case of women in 3h:00m:00s or better. The result, date and place of the event where the result was recorded should be submitted during registration together with a document confirming the data.
 - b) Zone "B" - entrants of the first leg of the relay race.

- c) Zone "C" - other entrants
5. The remaining participants of the relay will be transported to particular changeover zones (transport provided by the Organizer).
 6. Except for Marathon Entrants, Organizer's personnel, as well as vehicles with a special permit no other persons or vehicles are allowed to be present on the Marathon course.
 7. The automatic timer of the race will be provided by DOMTEL-SPORT utilizing the chips (attached to shoes) that will be distributed by the Competition Office. In the case of the Marathon Relay, the chip will be attached to the baton exchanged between the relay runners at changeover zones.
 8. Entrants are required to finish the Marathon below 05h:30min:00s, the time will be recorded from the starting gun (rounded time).
 9. The timer displaying the official time will be located a checkpoint on the course of the Marathon (in M. Konopnicka Square, the halfway point at 21.098 km).
 10. The maximum time measured from the start of the race in which a runner must reach the halfway checkpoint must be 2h:30min:00s.
 11. Runners who will not reach the checkpoint within the prescribed limit or for other reasons discontinue the race along its course are obliged to stop running, leave the course and reach the finish line by the bus bearing the 'KONIEC BIEGU' ('END OF THE RACE') sign.
 12. Apart from the checkpoint with the electronic timer, there will be other checkpoints arranged along the course of the Marathon where referees will continuously monitor the progress of the race. Any participant who has been found to have gained an unfair advantage ("cutting the course") or committed other actions breaching the provisions of these Terms and Conditions or the regulations of PZLA (Polish Athletics Association) becomes subject to the penalty of disqualification ("DQ").
 13. Entrants who decide to continue running after the time limit has passed, do so on their own responsibility, subject to road traffic regulations and the provisions of the Polish Civil Code.
 14. Runners who reach the finish line by bus shall not be included in the final classification. The result list shall include then, placed next to the entrants names, the following information: DNF (not finished) or DNS (not started) in case the entrant did not appear on the START line.
 15. Refreshment points providing sponges, water and food (isotonic drinks, fruit and sweets) will be arranged in accordance with the information given earlier on the race course map.
 16. The Organizer shall not accept any private food supplements from the entrants except this belonging to the members of the Elite group.
 17. Mobile emergency service will be available along the length of the course. There will be an additional medical aid station located at the finish. A runner must immediately discontinue the race if the medical emergency service orders him/her to do it for medical reasons.

VII. CLASSIFICATION AND PRIZES:

1. The Marathon entrants shall be classified under the following categories:
 - a) OPEN category (both for men and women)
 - b) Marathon Relay (six members of a relay team)
 - c) Age categories for men and women: 18-29, 30-39, 40-49, 50-59, 60-69, 70+;
 - d) The best female runner;
 - e) The oldest female participant finishing the Marathon.
 - f) The oldest male participant finishing the Marathon.
 - g) The best male resident of Suwałki;
 - h) The best female resident of Suwałki;

2. The classification shall be based on electronic time measurement recorded using the chip available during the stage of verification at the Competition Office. A pressure timing mat will be placed along the Marathon course recording the times of runners' appearance at the measurement point. Lack of record for a given runner crossing a measurement point will disqualify the runner.
3. Among the Competition Awards, Organizer guarantees the following:

a) **OPEN Category**

1. place – PLN 2,000.00
2. place – PLN 1,500.00
3. place – PLN 1,000.00
4. place – PLN 600.00
5. place – PLN 400.00

b) **Marathon Relay:**

1. place – PLN 2,000,00
2. place – PLN 1,500.00
3. place – PLN 1,000.00

c) **Age group classification:**

The winner in a given age category will be awarded the Competition Cup and a material award. The age group classification will not include persons already awarded in OPEN category.

d) **The best female runner:**

The winner in this category will be awarded the Competition Cup and a material award.

e) **The oldest female Participant finishing the Marathon:**

The winner in this category will be awarded the Competition Cup and a material award.

f) **The oldest male Participant finishing the Marathon:**

The winner in this category will be awarded the Competition Cup and a material award.

g) **The best resident of Suwałki:**

The winner in this category will be awarded the Competition Cup and a material award.

h) **The best female resident of Suwałki:**

The winner in this category will be awarded the Competition Cup and a material award.

4. Additional material awards will be drawn and awarded among the participants of the Relay Race over the marathon distance.
5. Persons who win money prizes shall receive the prizes less the income tax, as they are subject to applicable tax laws.
6. In the case new sponsors/partners join our event, the pool of financial awards and drawn awards, as well as services available to entrants will be increased.

VIII. FINAL PROVISIONS

1. The participants of the Marathon and the Street Relay Race over the marathon distance shall abide by the provisions of the Competition Terms and Conditions and the regulations of the PZLA (Polish Athletics Association)
2. Participants shall respect public order, observe any instructions from the security personnel and respect other participants in the Marathon.
3. The Organizer shall be entitled to remove from the course of the Marathon any persons who in any manner disturb public order, disturb the course of the Competition or their behaviour breaches either these Terms and Conditions or the PZLA regulations.
4. Results of the race will be texted after the race to those Entrants who supplied their telephone number on their application form. They will also be available to all interested at the website www.osir.suwalki.pl.
5. The Organizer cannot be held liable for any items lost during the event.
6. The Organizer does not provide accident insurance cover.
7. The Organizer and associated with it institutions reserve the right to conduct interviews with each of the entrants, take their photos and/or footage, use their names, likeness, voices and other materials from or related to their participation in the races organized under the „SUWALSKI EKSPRES” project for the purposes of publicity, promotion, as well as to utilize them on the Internet or radio and television broadcasts or for other commercial purposes with the right of their modification and free usage. By taking part in the races organized under the „SUWALSKI EKSPRESS” project, the entrants express their consent for their image to be recorded for the mentioned above purposes.
8. The final interpretation of the provisions of these Terms and Conditions belongs to the Organizer and the Main Referee of the competition.